

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 13-14

Heat:7, starttime: 08:48

Heat: 7/14 Lane : 4 Athlete: JANSSEN LAUREN

Q-time: 02:23:59

PB (50m pool): 02:23.59 Antwerpen 08/03/2026

PB (25m pool): 02:18.59 SB: 02:23.59 Antwerpen 08/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.65	01:08.97	01:46.57	02:23.59	
	00:32.65	00:36.32	00:37.60	00:37.02	
					

Coach feedback:

Event number: 2: 200M BACKSTROKE MEN 13-14

Heat:6, starttime: 09:30

Heat: 6/11 Lane : 6 Athlete: TORDEUR KILIAN

Q-time: 02:38:06

PB (50m pool): 02:38.06 Antwerpen 08/03/2026

PB (25m pool): 02:32.39 SB: 02:38.06 Antwerpen 08/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.84	01:17.19	01:57.92	02:38.06	
	00:36.84	00:40.35	00:40.73	00:40.14	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12

Heat:16, starttime: 10:45

Heat: 16/20 Lane : 8 Athlete: VANHEES HANNAH

Q-time: 02:53:80

PB (50m pool): 02:53.80 Düsseldorf 14/12/2025

PB (25m pool): 02:47.40 SB: 02:53.80 Düsseldorf 14/12/2025

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:53.80	
	no time				
					

Coach feedback:

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Event number: 4: 100M BACKSTROKE MEN 11-12				Heat:4, starttime: 11:10			
Heat: 4/12 Lane : 3 Athlete: VANRUSSELT RAFAËL				Q-time: 01:26:05			
PB (50m pool): 01:26.05 SportinGenk Park 24/05/2026				PB (25m pool): 01:22.77 SB: 01:26.05 SportinGenk Park 24/05/2026			
	5 0 M	1 0 0 M					
PB	00:41.34	01:26.05					
	00:41.34	00:44.71					
							

Coach feedback:

Event number: 6: 400M MEDLEY MEN 13-14							Heat:2, starttime: 11:49	
Heat: 2/8 Lane : 1 Athlete: CUYPERS MAXIME							Q-time: 06:02:20	
PB (50m pool): no time			PB (25m pool): 06:02.20 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 6: 400M MEDLEY MEN 13-14							Heat:3, starttime: 11:55	
Heat: 3/8 Lane : 1 Athlete: THOELLEN SIMON							Q-time: 05:55:00	
PB (50m pool): no time			PB (25m pool): 05:55.00SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback: